

## BTEC Tech Award Health and Social Care: Component 2 Knowledge Organiser

### Learning Aim B — *Demonstrate care values and review own practice*

#### B1 Care Values

Care Values are a range of standards within Health and Social Care settings, that help to guide professionals in giving the most appropriate care to each individual.

1. **Empowering and promoting independence** by involving individuals, where possible, in making choices, e.g. about treatments they receive or how care is delivered.
2. **Respect** for the individual service users' needs, beliefs and identity.
3. **Maintaining confidentiality** when dealing with records, avoiding sharing information inappropriately, e.g. gossiping
4. **Preserving dignity** of individuals to help them maintain privacy and self-respect
5. **Effective communication** that displays empathy and warmth
6. **Safeguarding and duty of care**, e.g. maintaining a healthy and safe environment, keeping individuals safe from physical harm
7. **Promoting anti-discriminatory** practice by being aware of types of unfair discrimination and avoiding discriminatory behavior.



#### B2 Reviewing own application of care values

**Using teacher feedback from your demonstration, you will be expected to:** Identify your own strengths (what was good about your demonstration of the care values) and areas for improvement (what did not go so well) against the care values.

### **KEYWORDS** & **DEFINITION**

**Independence** — Freedom to make own choices.

**Respect** — Understanding the feelings and wishes of others.

**Confidentiality** — Keeping information private and secure.

**Dignity** — Keeping respect and for a person.



**Safeguarding** — Promoting the welfare of children and protecting them from harm.

**Communication** — The sharing of information between two or more people, the act of speaking and listening.

**Duty of care** — The responsibility to always act in the best interests of an individuals.

**Anti-Discriminatory** — Prevents discrimination on gender, age, race, disability etc.