

WEEK 1 MENU







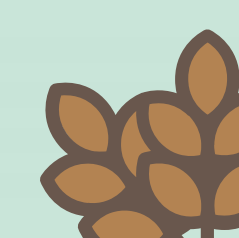







W/C: 21/4 12/5 1/6 23/6 14/7
15/9 6/10

FOOD UNION

CHOICE
One

CHOICE
Two

CHOICE
Three

MON	Satay Chicken Pho Vietnamese Noodles 	Veggie Burrito Filled Mexican Wrap   	Cheese Pizza Panini Melt With Slaw and Salad
TUE	Beef Burger Served with Garlic and Herb Wedges and Corn on the Cob	Beetroot and Feta Burger Served with Garlic and Herb Wedges and Corn on the Cob  	Pasta Arrabiata Penne Pasta with Tomato and Basil Sauce  
WED	Roast Pork With Roast Potatoes, Seasonal Vegetables and Gravy	Spicy Vietnamese Chicken Banh Mi Bun Spiced Chicken Bap 	Sticky BBQ Quorn Pitta 
THUR	Chicken Katsu Served with Wholegrain Rice and Nut Free Satay Sweetcorn 	Macaroni Cheese 	Jacket Potatoes With Baked Beans and Cheese 
FRI	Battered Fish With Chips, Peas and Baked Beans	Veggie Burger With Chips, Peas and Baked Beans 	Southern Fried Chicken With Chips, Peas and Baked Beans

 Fruity!  Nutritionist's Choice  Vegetarian  Oily fish  Wholegrain  Halal

Our menu is subject to change.

WEEK 2 MENU

















W/C: 28/4 19/5 9/6 30/6 21/7
1/9 22/9 13/10

FOOD UNION

CHOICE One

CHOICE Two

CHOICE Three

MON	Chicken Kottu Roti Rice Box Sri Lankan Spiced Chicken and Roti Bread 	Soya Yakisoba Edamame Bean Noodles  	Jacket Potato Served with Baked Beans and Cheese 
TUE	Mexican Beef Enchilada Served with Garlic and Herb Wedges and Tex Mex Vegetables	Vegetable Fajita With Garlic and Herb Wedges and Tex Mex Vegetables  	Food Influencer Competition Winner Ellie's Peri Peri Chicken Pasta   
WED	Roast Gammon With Roast Potatoes, Seasonal Vegetables and Gravy	Roast Quorn With Roast Potatoes, Seasonal Vegetables and Gravy 	Persian Vegetable Pitta  
THUR	Chicken Tikka Rice Box	Spinach and Chickpea Dahl With Yellow Rice  	Cheesy Melt Panini With Slaw and Salad 
FRI	Fish Fingers With Chips, Peas and Baked Beans	Cheese and Onion Slice With Chips, Peas and Baked Beans 	Southern Fried Chicken With Chips, Peas and Baked Beans

WEEK 3 MENU











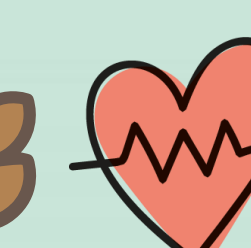



W/C: 5/5 16/6 7/7
8/9 29/9

FOOD UNION

CHOICE
One

CHOICE
Two

CHOICE
Three

MON	Jerk Chicken Burger With Spiced Wedges and Mixed Salad	Tiger Bhaji Burger With Spiced Wedges and Mixed Salad  	Jacket Potato With Baked Beans and Cheese or Tuna Mayo 
TUE	Mandarin BBQ Pork With Pineapple Rice and Nut Free Satay Sweetcorn 	Sweet and Sour Vegetables With Pineapple Rice and Nut free Satay Sweetcorn   	Beef Bolognaise Served with Wholewheat Pasta 
WED	Roast Turkey With Roast Potatoes, Seasonal Vegetables and Gravy	Persian Chicken Kebab With Roast Potatoes and Mixed Salad	Sticky BBQ Pitta With Slaw and Mixed Salad 
THUR	Firecracker Beef Spicy and Sweet Beef with Rice, Shredded Vegetables and Siracha Mayo	Teriyaki Vegetarian Wrap With Wholegrain Rice   	Jacket Potato With Veggie Tikka Masala 
FRI	Battered Fish With Chips, Peas and Baked Beans	Vegetable Goujons With Chips, Peas and Baked Beans 	Southern Fried Chicken With Chips, Peas and Baked Beans

 Fruity!  Nutritionist's Choice  Vegetarian  Oily fish  Wholegrain  Halal

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