



11 October 2022

Dear Parent/Carer

HARVEST DONATIONS 2022

Since 2016, we have been supporting Medway Foodbank and the local community by helping to tackle poverty and transforming lives in Medway. Every day people in the UK go hungry for reasons ranging from redundancy to receiving an unexpected bill on a low income. A simple box of food makes a big difference. As the cost of living increases we know that demands on foodbanks are increasing and therefore the need for donations is also increasing.

This year we will be continuing to support Medway Foodbank and we would like to ask you to donate a gift between Tuesday 11 October to Thursday 20 October 2022. Medway Foodbank only works with non-perishable food items and they should be unopened, in date and in good condition please. Donations of only non-perishable and good condition food removes the potential of food spoiling and going to waste before it can be passed on and used by those we help. They aim to give each client a carefully designed food parcel that contains three day's worth of nutritionally balanced food, as well as provide some small treats to help brighten their lives, particularly those of the children. They also take non-food items such as toiletries and cleaning products, as these are often needed by the clients who come to us.

With the recent cost of living increases, many families need as much support as possible. **This year, we are also requesting donations of good quality coats, new gloves and hats** which will be offered to our students in The Victory Academy. One of our Victory Virtues is 'Thinking Interdependently' and this is one way we can work as a community to support each other.

Please bring all donations to Student Services by Thursday 20 October 2022. The students will receive Victory Citizen Points, which will contribute towards their total points, which they can spend in The Victory Citizens Shop.

We hope you can support our harvest appeal, helping us raise vital food this autumn.

Yours sincerely

Ms M Oravcova
Community Liaison Officer



**Artsmark
Platinum Award**
Awarded by Arts
Council England



ASPIRE, ENDEAVOUR, ACHIEVE

www.thevictoryacademy.org.uk

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Help by donating an item or two from our shopping list to support people facing hardship.



Sept-Oct and Harvest '22 Shopping List

We currently need the following items - your help in meeting the needs of others is appreciated.

- Milk - UHT/long-life, semi or whole
- Dried Milk Powder
- Instant Mash
- Sponge Puddings
- Tinned Fruit
- Jam, marmalade, choc spreads
- Peanut butter, meat/fish paste
- Tinned meat e.g. ham, corned beef
- Tinned Tomatoes
- Cook-in and Pasta Sauces
- Rice
- Custard - ready-made
- Long Life Fruit Juice
- Squash
- Instant Coffee - small jars/packs
- Hot Chocolate powder
- Evaporated milk
- Sugar - 500g/small packs
- Ketchup
- Shampoo
- Deodorants
- Toilet Roll
- Shaving Foam
- Washing-up liquid
- Laundry capsules
- Nappies - sizes 5+, 6 and 6+

We CURRENTLY PREFER NOT TO RECEIVE more:

baked beans, pasta, and tinned soup.
THANK YOU for joining us to help stop UK hunger! Your support makes a difference.

Medway Foodbank
info@medway.foodbank.org.uk
https://medway.foodbank.org.uk
01634 757057
Registered Charitv No: 1166505

