



BTEC National in Sport.



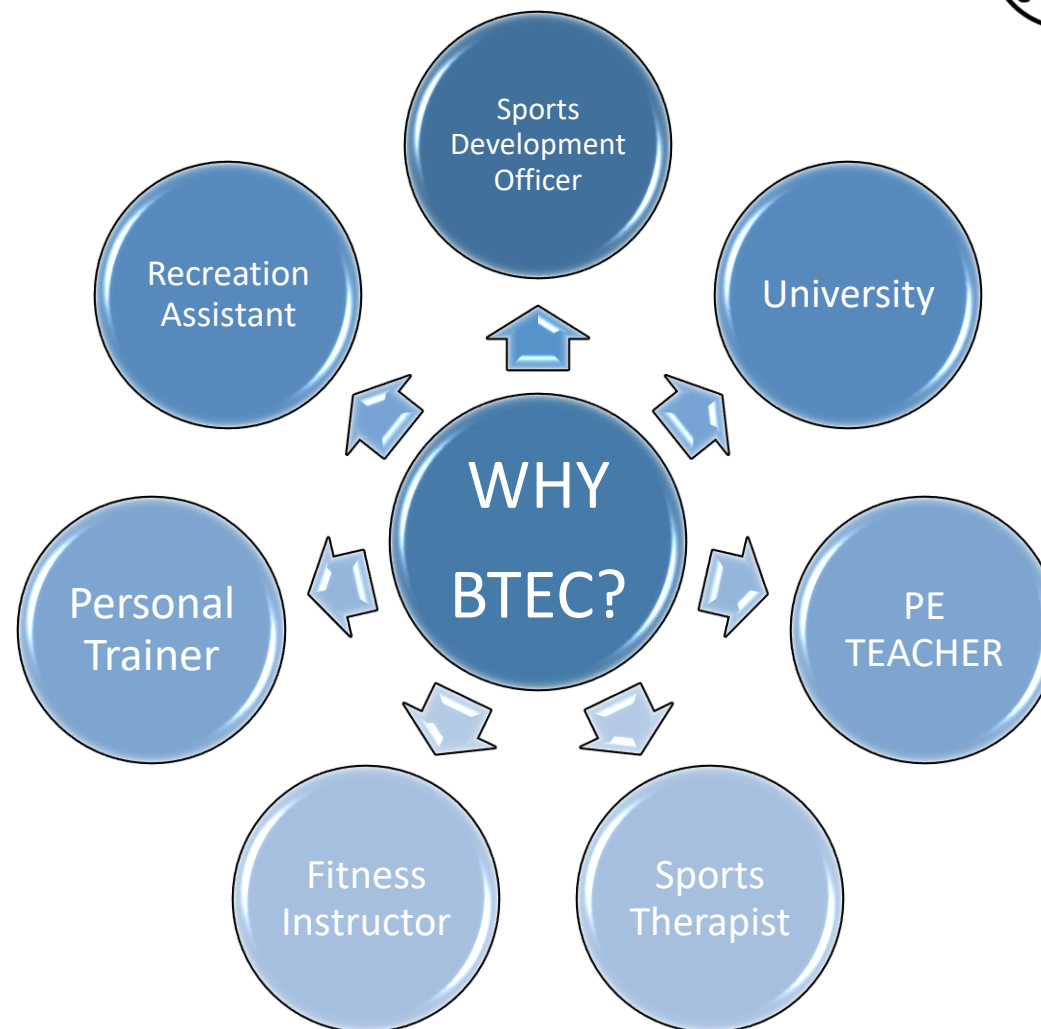
BTEC NATIONAL IN SPORT

Why study this subject?

- This is a Vocational qualification. The Diploma is equivalent in size to two A Levels and the Extended Certificate is 1 A level.
- This qualification is particularly appropriate for learners who are interested in Sport and progressing to a career in sport and physical activity development, either directly, or through higher education at University.
- Diploma - 9 units of which 6 are mandatory. There are 3 optional units which are internally set and externally verified.
- Extended Certificate – 4 units, 3 are mandatory and one is optional.

Why BTEC?

- The BTEC National in Sport is recognised by Universities so it can lead to study at Higher Education for entrance in to Sports Careers such as:



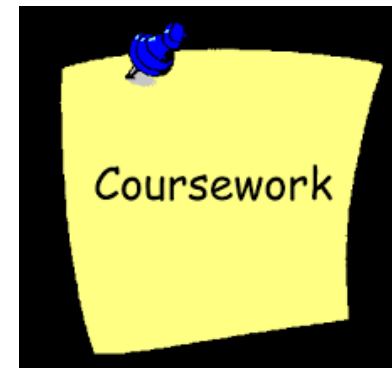
What you will be studying

| Extended certificate | Diploma |
|---|--|
| Unit 1: Anatomy and Physiology (exam) | Unit 4: Sports Leadership |
| Unit 2: Fitness training and programming for health sport and well-being (exam) | Unit 22: Investigating business in Sport and Active leisure (exam) |
| Unit 3: Professional development in the sports industry | Unit 23: Skill acquisition in Sport |
| Unit 7: Practical Sports Performance | Unit 5: Application of fitness testing |
| | Unit 18: Work experience in Active Leisure |

More flexibility = more interesting units =
higher attainment = more UCAS points

Assessment Methods

- Unit 1 – 1.5 hour exam
- Unit 2 & 22 – externally set tasks in exam conditions and marked by Pearson
- All other units are assessed by assignments set by Pearson with a range of evidence, internally assessed and externally verified by Pearson.
- Entry requirements – 5 x grade 4 including Maths and English, particularly English as there is a lot of extended written work. BTEC Sport at level 2 is very useful.



Mandatory Unit Content

Unit 1: Anatomy & Physiology - Learners explore how the skeletal, muscular, cardiovascular and respiratory systems function and the fundamentals of the energy systems. This is assessed by an external exam.

Unit 2: Fitness Training and Programming for Health, Sport and Well-being - Learners explore client screening and lifestyle assessment, fitness training methods and fitness programming to support improvements in a client's health and wellbeing. This is assessed by an external exam.

Unit 3: Professional Development in the Sports Industry - Learners explore the knowledge and skills required for different career pathways in the sports industry. Learners will take part in, and reflect on a personal skills audit, career action plan and practical interview assessment activities.

Unit 4: Sports Leadership - Learners study what makes a good leader, the different capacities of this role, and the leadership skills and techniques necessary when leading activities in different roles.

Unit 22: Investigating business in sport and active leisure - Learners will investigate how business operates in the sport and active leisure industry and how it responds to trends and other influences. This is an external synoptic task.

Unit 23: Skill acquisition in Sports - Learners investigate the nature of skilled performance, how information is processed and learn theories of teaching and learning.

Optional Unit Content

Unit 5: Application of Fitness Testing -
Learners gain an understanding of the requirements of fitness testing and learn how to safely conduct a range of fitness tests for different components of fitness.

Unit 7: Practical Sports Performance -
Learners study the skills, techniques, tactics and rules of selected sports through active participation in individual/team sports.

Unit 8: Coaching for Performance- Learners will explore, demonstrate and then reflect on the skills and qualities required for coaching and leading physical activities for participation.

Unit 18: Work experience in Active leisure -
Learners prepare for, undertake and reflect on a work placement in the sports industry.

Unit 25: Rules, regulations and officiating in sport – Learners will understand the development of the roles and responsibilities of the officials involved in sport, explore the performance of officials in a selected sport, undertake the role of a match official in a competitive sport and review their performance.



Football Academy

A partnership between The Victory Academy and APD (Advanced Professional Development).

Unit 4: Sports Leadership.

What are the
necessary skills for a
good sports leader?

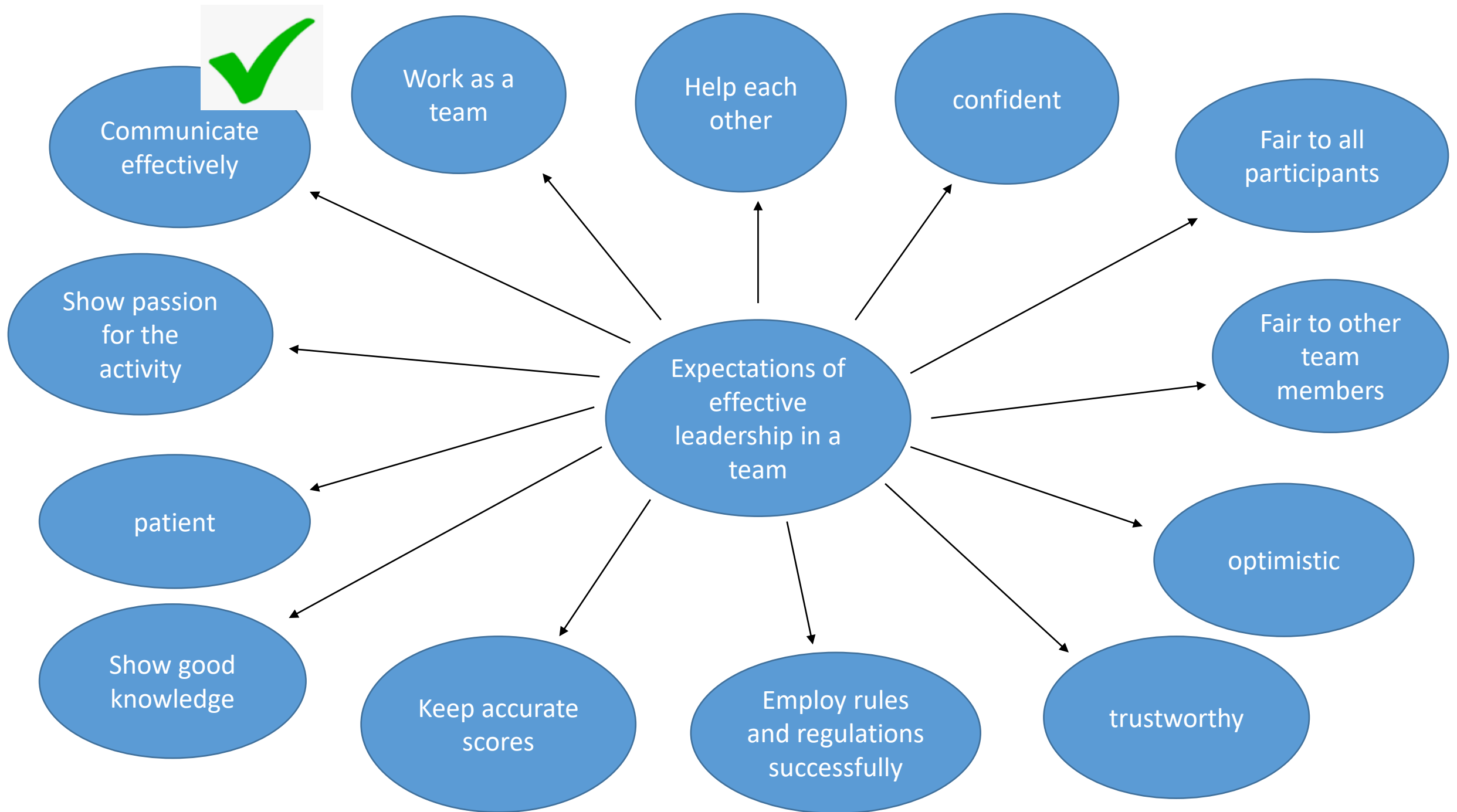




Unit 4: Leadership in Sport.

What is the teacher from 'Kes' doing wrong? What is the potential impact of his style of sports leadership?









SPORTS SESSION PLAN



LEADER:

ACTIVITY:

LOCATION:

GROUP AGE:

GROUP SIZE:

AIM/TARGETS:

| TIME | TASK | EQUIPMENT |
|------|------|-----------|
| | | |
| | | |

