



29<sup>th</sup> September 2023

Dear Parent/Carer

### Harvest Festival Donations 2023

Since 2016, we have been supporting Medway Foodbank and the local community by helping to tackle poverty and transforming lives in Medway. Every day people in the UK go hungry for reasons ranging from redundancy to receiving an unexpected bill on a low income. A simple box of food makes a big difference. As the cost of living increases we know that demands on foodbanks are increasing and therefore the need for donations is also increasing.

**This year we will be continuing to support Medway Foodbank and we would like to ask you to donate between Monday 2<sup>nd</sup> October to Friday 13<sup>th</sup> October 2023.** Medway Foodbank only works with non-perishable food items and they should be unopened, in date and in good condition please. Donations of only non-perishable and good condition food removes the potential of food spoiling and going to waste before it can be passed on and used by those we help. They aim to give each client a carefully designed food parcel that contains three day's worth of nutritionally balanced food, as well as provide some small treats to help brighten their lives, particularly those of the children. They also take non-food items such as toiletries and cleaning products, as these are often needed by the clients who come to us.

Please bring all donations to the Library by Friday 13<sup>th</sup> October 2023. The students will receive Victory Citizen Points, which will contribute towards their total points, which they can spend in The Victory Citizens Shop.

We hope you can support our harvest appeal, helping us raise vital food this autumn.

Yours sincerely

Ms M Oravcova  
**Community Liaison Officer**



**Artsmark  
Platinum Award**  
Awarded by Arts  
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ASPIRE, ENDEAVOUR, ACHIEVE

[www.thevictoryacademy.org.uk](http://www.thevictoryacademy.org.uk)

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### Harvest '23 Shopping List

**The needs this Harvest remain high and our stock levels are low. If you are able to help, we urgently need more of the following:**

- Milk - UHT/long-life, semi or whole
- Tinned Potatoes
- Instant Mash
- Tinned Tomatoes
- Tomato Passata
- Savoury Sauce (pasta or cook-in)
- Rice (plain)
- Tinned Vegetables
- Tinned Ham or Corned Beef
- Tinned Fish, e.g. tuna
- Tinned Spaghetti in sauce
- Breakfast Cereal
- Tinned Fruit
- Rice Pudding
- Sponge Puddings - long-life
- Custard - ready-made
- Instant Soup/Cup-a-Soup
- Jam/Marmalade/Choc Spreads
- Peanut Butter/Savoury Pastes
- Fruit Juice - long-life
- Squash (drink)
- Instant Coffee - small jars/packs
- Hot Chocolate powder.
- Biscuits
- Sugar - 500gm packs or smaller
- Ketchup or Brown Sauce
- Toilet Rolls
- Washing-up Liquid
- Shower Gel
- Shampoo
- Conditioner
- Tampons
- Sanitary Towels
- Liquid Soap/Soap Bars
- Deodorants for men or women
- Shaving Foam
- Home Cleaning sprays or wipes

**THANK YOU for joining us to help stop UK hunger!**

**medway.foodbank.org.uk; 01634 767067**

**Registered Charity No: 1166505**



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