



3rd October 2024

Dear Parent/Carer

Harvest Festival Donations 2024

Since 2016, we have been supporting Medway Foodbank and the local community by helping to tackle poverty and transforming lives in Medway. Every day people in the UK go hungry for reasons ranging from redundancy to receiving an unexpected bill on a low income. A simple box of food makes a big difference. As the cost of living increases we know that demands on foodbanks are increasing and therefore the need for donations is also increasing.

This year we will be continuing to support Medway Foodbank and we would like to ask you to donate between Monday 7th October to Wednesday 16th October 2024. We will also have an assembly for our students run by a representative from Medway Foodbank.

Medway Foodbank only works with non-perishable food items and they should be unopened, in date and in good condition please. They also take non-food items such as toiletries and cleaning products, as these are often needed by the clients who come to them.

This year, we have produced shorter 'shopping' lists for each year group, and students can, should they wish, collect the lists after the assemblies during the week of 7th October 2024 and bring all donations to their Learning Period 1 room **by Wednesday 16th October 2024.**

We hope you can support our harvest appeal, helping us raise vital food this autumn. Thank you for your generosity and support.

Yours sincerely

Ms M Oravcova
Community Liaison Officer



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Harvest '24 Shopping List

If you are able to help, we urgently need more of the following:

- Milk - UHT/long-life, semi or whole
- Instant Mash
- Tinned Potatoes
- Savoury Sauce - pasta or cook-in
- Tomato Passata
- Tinned Tomatoes
- Tinned Ham or Corned Beef
- Instant Soup/Cup-a-Soup
- Tinned Soup
- Tinned Spaghetti e.g. hoops
- Rice (plain) - small up to 1kg
- Gravy granules
- Tinned Fruit
- Tinned Rice Pudding
- Custard - 'just add water' powder
- Jam/Marmalade/Choc Spreads
- Peanut Butter
- Ketchup
- Fruit Juice - long-life
- Squash (drink) - small bottles
- Instant Coffee - small jars/packs
- Tea Bags
- Hot Chocolate
- Biscuits
- Sweet treats - chocs, sweets etc.
- Sugar - 500 g packs or smaller
- Toilet Rolls
- Washing-up Liquid
- Shower Gel
- Shampoo & Conditioner
- Liquid soap/hand wash
- Tampons
- Sanitary Towels
- Deodorants for men or women
- Toothbrushes
- Toothpaste
- Baby Wipes

THANK YOU for joining us to help stop UK hunger!

medway.foodbank.org.uk; 01634 757057
Registered Charity No: 1166505

