



11th November 2024

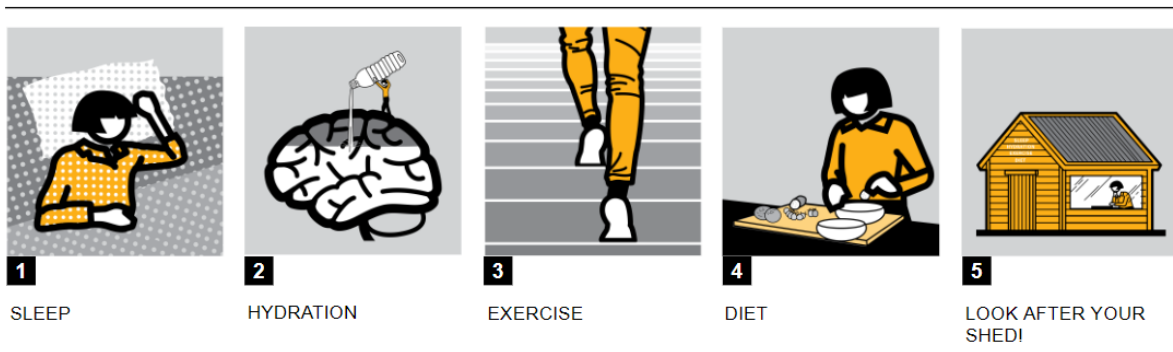
Dear Parents/Carers,

I am writing to you in regards to important upcoming events and to provide you with valuable information to support your child's academic success.

The Year 11 mock exams will be taking place over the next two weeks. These exams are an essential part of our assessment process and will provide valuable insight into your child's progress and areas for development. We encourage all our students to approach these exams with a positive mindset and to utilise the support available to them. I would like to remind you that revision materials can be found on Teams, our online learning platform. I encourage you to work closely with your child to ensure they are accessing and utilising these resources effectively.

To further support our Year 11 students, we will continue to offer LP7 sessions on Tuesday, Wednesday and Thursday afternoons. These sessions are designed to provide targeted support and guidance to help your child reach their full potential. I strongly encourage you to ensure your child attends these sessions, as they can make a significant difference in their academic performance.

Finally, I would like to share some valuable advice from Sara Milne Rowe regarding the importance of maintaining a healthy lifestyle to support academic success. She emphasises the four pillars of Sleep, Hydration, Exercise, and Diet (SHED) as fundamental to managing mood, thinking clearly, and performing well under pressure. I encourage you to work with your child to establish better habits in these areas, as research has shown that even small changes can have a significant impact on cognitive capacity and alertness.



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If you have any questions or concerns, please do not hesitate to contact me. I am committed to supporting your child's academic journey and ensuring their success.

Yours sincerely,

A handwritten signature in blue ink, appearing to read "Mr Anderson".

Mr Anderson
Assistant Headteacher - KS4 Raising Standards